

Youth & Family Directory

A guide of community services available to youth in Orange County



Your Mid-Hudson Perinatal Network Since 1990

For more information about the resources listed in this directory you can CALL or TEXT 845-637-7205 or 845-248-6101

Aside from the services listed in this directory, help and assistance can be found from Family, Friends, Churches, Synagogues or School Counselors.

Services are available to both Male and Female youth.

MISN is a local non-profit organization dedicated to family and community health and wellness.

MISN chairs the Orange County Teen Pregnancy Prevention Coalition, whose mission is to reduce the rates of teen pregnancy by empowering youth to make healthy decisions, set positive future goals and develop meaningful peer and adult relationships to support healthy transition to adulthood. For more information, or to join the OCTPPC, please contact 561-3575.

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For editorial changes to this directory, please call 1-800-453-4666

Health Services

A listing of agencies providing free (accepting Medicaid) or low cost quality Health Care Services.

Dental

All Access Dental
248-250 Broadway, Newburgh 569-8668

Greater Hudson Valley Family Health Center of Newburgh • Dental Care Center
100 Broadway, Newburgh 569-8412

Middletown Community Health Center, Dental Center
27 North Street, Middletown /
140 Hammond St., Port Jervis 343-7614

Newburgh Dental Group
53 Route 17K, Newburgh 565-2140

Eye Care

Cohen's Fashion Optical
Galleria at Crystal Run
Middletown 692-5800

Sight for Students 800-850-2020
(for income eligible, uninsured students)

Sterling Optical
Newburgh Mall, Newburgh 564-3522

Wal-Mart
470 Rte. 211, Middletown 342-0426
288 Larkin Drive, Monroe 783-3505
1201 Rte. 300, Newburgh 567-6007

Prenatal

Healthy Families

For Pregnant or Parenting mothers with children under three months

21-23 Grand Street, Newburgh 562-7244 x300
16-24 Union Street, Middletown 343-5556 x237

Maternal Infant Services Network

Mothers' Helpline 1-800-453-4666

Middletown Community Health Center

10 Benton Avenue 343-8838
140 Hammond St., Port Jervis 343-7614

OB/GYN Services of Greater Hudson Valley

Family Health Center of Newburgh

147 Lake Street, Newburgh 563-8000
91 Blooming Grove Turnpike 220-2074

Orange County Department of Health

..... 568-5240

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Primary Health

Community Health Outreach

130 Broadway, Newburgh 568-5284

Maternal Infant Community Health

Collaborative (MICHC)

130 Broadway, Newburgh 568-5254
Middletown Office 346-1130
Port Jervis Office 858-1407

Greater Hudson Valley

Family Health Center of Newburgh

147 Lake Street, Newburgh 563-8000

Growing Up Healthy Hotline

..... 1-800-522-5006

Healthy Families

21-23 Grand Street, Newburgh 562-7244 x300
16-24 Union St., Middletown 343-5556 x237

Maternal Infant Services Network

Mother's Helpline 1-800-453-4666

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Middletown Community Health Center

14 Grove Street 344-2273
10 Benton Avenue 343-8838
99 Cameron St., Pine Bush 343-7614
140 Hammond St., Port Jervis 858-2854

Middletown School District 343-5371

or call your School Health Office

Newburgh Enlarged City School District

Health Services Program 568-6526
or call your School Health Office

Orange County Department of Health

Early Intervention Program 291-2333

Port Jervis School District 858-3175

or call your School Health Office

The Alamo

Goshen 651-4272

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Sexual Health

Hudson Valley Community Services

473 Broadway, Newburgh 562-5005

Orange County Health Department

STD Clinic 568-5333
(Treatment & HIV Testing)

Planned Parenthood Mid-Hudson Valley

136 Lake St., Newburgh 562-7800
7 Coates Drive, Goshen 294-8831
or call 1-800-230-PLAN

Greater Hudson Valley Family Health Center

Positive Choices Center

147 Lake Street, Newburgh 563-8041

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Parenting Resources

Raising children can be difficult and you might have questions as to the proper choices to make regarding your infant or child. Here is a list of programs to contact if you want help, are looking for fun activities with your child or are looking to meet other young parents dealing with the same issues:

Agri-Business Child Development

47 Academy Ave., Middletown 467-3851

Boys & Girls Club of Newburgh

285 Liberty Street, Newburgh 561-4936

City of Newburgh Recreation Department

401 Washington St. 565-3230
104 South Lander St. 565-1213

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MICHC

130 Broadway, Newburgh 568-5284
Middletown Office 346-1130
Port Jervis Office 858-1407

Cornell Cooperative Extension

Enhanced Food & Nutrition Program, 4-H
Call for location 344-1234

Healthy Families

For Pregnant or Parenting mothers with children under three months

21-23 Grand Street, Newburgh 562-7244 x300
16-24 Union St., Middletown 343-5556 x237

Jewish Family Services

720 Rt. 17M, Middletown 341-1173
68 Stewart Ave., Newburgh 562-8372

Middletown Recreation Center

47 Academy Avenue 346-4180

Middletown Thrall Library

Children's Department

11-19 Depot Street 341-5470

Middletown YMCA 343-1158

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Empowering Port Jervis
11 Fowler Street..... 856-3991

Newburgh Free Library
Youth Services Department
(Story Time / Toddler Times)
124 Grand Street..... 563-3600

Orange County Youth Bureau
18 Seward Ave., Middletown..... 615-3620

Planned Parenthood Mid-Hudson Valley
Education Department
New Windsor..... 838-1200 x103

Port Jervis Recreation Center
134 Pike Street 858-4045

YWCA of Orange County
21 West Street
Newburgh..... 561-8050

MISN
10 Little Britain Road, Newburgh...561-3575

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Child Care

Below is a listing of resources so that you can continue school or work. You may also contact the Dept. of Social Services to learn if you qualify for free child care assistance at 291-2958.

Child Care Council of Orange County
40 Matthews St., Goshen 294-4012
or call 1-800-827-1751

Kinder College
54 Grand St., Newburgh..... 562-3161
Middletown 341-4165

Mid-Hudson Early Childhood Direction Center
5 Washington Terr., Newburgh 565-1162

Middletown Day Nursery
66 East Main Street 343-1444

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Orange County Dept. of Social Services
Child Care Assistance
141 Broadway, Newburgh 568-5100

Young and Unique Day Care Center
88 Lake St., Newburgh 561-0500

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Pre-Kindergarten Education

Head Start
49 Gidney Ave., Newburgh 562-0380
157 Linden Ave., Middletown..... 343-4191
31 West Main St., Port Jervis..... 856-6821
7 Israel Zupnick Dr., Monroe 783-0990

Kinder College
54 Grand St., Newburgh..... 562-3161
Middletown 341-4165

Middletown School District
Central Administration
223 Wisner Avenue 341-5300

Newburgh Board of Education
124 Grand Street..... 563-3400

Newburgh City School District Enrollment
124 Grand Street..... 568-6530

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Preschool Learning Experience
379-Mt. Hope Rd.,
Middletown 344-2292
1145 Little Britain Rd.,
New Windsor..... 564-1855

Port Jervis Head Start - Project Discovery
31 West Main Street..... 856-6821

Port Jervis School District 858-3175

Windsor Academy
271 Quassaick Avenue, New Windsor 562-3711

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Adoption

If you are Pregnant and unsure if you are able to raise your child, you may contact one of the agencies below for counseling, advice on your legal rights, prenatal care or living arrangements. These agencies will help you through your pregnancy and placement of your child.

Birthright..... 800-550-4900
40 Grove Street, Middletown 343-3121

Catholic Charities Community Services
280 Broadway, Newburgh 212-371-1000

Catholic Home Bureau 226-1369

Good Council Home..... 452-2944
for Unwed Mothers 1-800-723-8331

My Choice Pregnancy Care Center
388 Blooming Grove Turnpike
New Windsor..... 561-3057

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My Choice Pregnancy Care Center
 15 East Main Street
 Port Jervis..... 561-3057

Orange County Department of Social Services Children Services
 Goshen..... 291-2800
 Newburgh..... 568-5100

The Counseling Associates
 555 Blooming Grove Turnpike
 New Windsor 562-0482

Alcohol & Drug Counseling Programs

Warning signs of an alcohol or drug related problem include:

1. Drinking or using drugs for relief of emotional, family or school problems.
2. Loss of memory about events that happened during drug or alcohol use.
3. Loss of interest in people or activities that were once very important.
4. Getting into trouble with family, school or the police due to drinking or drug abuse.
5. Behavior that causes friends anger or embarrassment while using alcohol or drugs.
6. Failing to keep promises regularly.
7. Avoiding others or experiencing mood swings.
8. Depression or questioning if life is worth living.
9. Drinking and/or drug use over several days.

Don't want to get in a car with a Drunk Driver? Call for a Free Taxi!
1-800-543-3829

Al-Anon/AlaTeen Helpline 1-800-832-1200
Substance Abuse Line1-800-COCAINE
Alcoholics Anonymous534-8525
Al-Anon/Alateen.....294-9999

Alcoholism & Drug Abuse Council
 224 A Main St., Goshen..... 294-9000

Catholic Charities Community Services
Chemical Dependency Program
 280 Broadway, Newburgh 562-8255
 305 North St., Middletown..... 343-7675
 17 Sussex St., Port Jervis..... 856-6344
 8 Scofield St., Walden.....778-5628
 101 Carpenter Place, Monroe.....782-0295
 224 Main Street, Goshen 294-5888

Gateway Center
 42 Roe Street, Newburgh 569-0034

Child and Family Clinic
 141 Broadway, Newburgh 568-5260

Greater Hudson Valley Family Health Center for Recovery
 3 Commercial Pl., Newburgh..... 220-2146

Middletown Alcohol Crisis Center
(Uncomplicated Detox for 16 to 17 yo)
 343-1443

New Directions
 Port Jervis..... 858-5634

Orange Regional Family Program
 420 East Main Street
 Middletown 342-5300

RECAP Day Treatment Program
 Middletown 342-3978

Renwick Recovery Support Living Facility
 253 S. William Street.....569-0775

Restorative Management Corp.
 172-178 Liberty St., Newburgh..... 561-5783
 7 Railroad Ave., Middletown..... 342-5941
 123 Pike Street, Port Jervis 856-7576

Riverside Support Services742-9322

Counseling/ Mental Health

Do you want to talk to someone about school, family, relationships, drugs, grief or other problems? Contact:

Adolescent Suicide 1-800-273-TALK

Orange County Help Line
 1-800-832-1200

Mobile Mental Health.....1-888-750-2266

Dispute Resolution Center..... 294-8082
Parent / Child Conflict Resolution

Family Counseling Services
 21 Grand Street, Newburgh 562-7244

Greater Hudson Valley Family Health Center
Behavioral Health
 147 Lake St., Newburgh..... 563-8000

Mental Health Association of Orange County
 342-2400
 Text 4 Teens 391-1000

Occupations, Inc.
 67 Windsor Highway, New Windsor 562-6850
 Union St., Middletown 343-5556
or call 1-888-750-2266

Orange County Dept. of Mental Health
Child and Family Clinic
 141 Broadway, Newburgh 568-5260
 Goshen..... 291-2600
 Port Jervis 858-1456

Orange County System of Care
 360-6710

Orange Regional Counseling Services
 110 Crystal Run Rd., Middletown692-8085

Planned Parenthood Mid-Hudson Valley
Education Department
 Puberty, Sexual Health, Relationships,
 Communication, LBGTQ
 Newburgh 838-1200 x103

Youth Advocate Program
 280 Broadway, Newburgh 565-5035

Grief and Loss Support

**Children's Grieving Center
& Hospice of Orange County**
800 Stony Brook Court, Newburgh...561-6111

**Orange Regional Medical Center
Bereavement Support Group**
110 Crystal Run Road, Middletown...333-1014

Rainbows at St. Patrick's Parish
55 Grand Street, Newburgh.....562-6808
*Peer Support related to loss, death, divorce or
abandonment*

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Eating Disorders

Some of the symptoms of eating disorders include:

1. Eating large amounts of food in a short time period.
2. Making yourself vomit after eating.
3. Overuse of laxatives and diuretics to lose weight.
4. Very strict dieting or fasting.
5. Long vigorous exercise following an eating binge.

The effects from eating disorders can range from malnutrition to death. If you or someone you know has an eating disorder, call:

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Orange County Helpline
24 Hour Hotline1-800-832-1200

Four Winds
Outpatient/Residential1-800-528-6624

Family Counseling Services
21 Grand Street, Newburgh 562-7244

**Mental Health Association of
Orange County**..... 342-2400

Occupations, Inc.
67 Windsor Highway,
New Windsor..... 562-6850
Union St., Middletown 343-5556
orcall.....1-888-750-2266

**Orange County Dept of Mental Health
Child and Family Clinic**
141 Broadway, Newburgh.....568-5260
Goshen..... 291-2600
Port Jervis 858-1456

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Health Insurance

Get help qualifying for and enrolling in Health Insurance through the NYS Health Benefit Exchange. MISN provides in person assistance for families, single adults, small businesses and their employees at convenient sites near you.
Call 1-800-453-4666 for information.
Bilingual staff available.

**Greater Hudson Valley Family
Health Center of Newburgh**
147 Lake St., Newburgh.....563-8000 x1038
*Application assistance available for Medicaid,
Child Health Plus, Family Health Plus*

Maternal-Infant Services Network
Bi-lingual Helpline1-800-453-4666
*Application and recertification assistance available
for Medicaid, Child Health Plus, Family Health
Plus & NYS Health Benefit Exchange*

Orange County Dept. of Social Services
141 Broadway, Newburgh 568-5100

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The Law and Youth

If the police, for any reason, stop you, bear in mind that a cooperative attitude is much better than a negative one. Don't hassle and listen carefully to the officer so that you understand his/ her comments.

If youth are arrested:

1. Don't resist arrest.
2. Keep an open attitude.
3. Call your parent or Guardian. By law they must be notified of your arrest and where you are being detained.
4. You have the right to remain silent. You must identify yourself (name, address, birthdate). Do not admit to anything.
5. You do not have to sign, volunteer or consent to anything; however you can be locked up if you refuse fingerprinting.
6. You have the right to have any attorney present during questioning.

If you have any legal questions, you can contact one of the following agencies...

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Legal and Educational Rights

If you want more information about your rights and responsibilities as a youth or feel your personal rights have been violated, the following organizations can help answer your questions:

Children's Rights Society, Inc.
213 W. Main St., Goshen 291-2670

Crime Victims Assistance Program
Newburgh..... 568-5006
Goshen..... 291-4780
Middletown 346-1201

Legal Aid Society of Orange County 291-2454

Legal Services of the Hudson Valley
1 Corwin Street, Suite 102 Newburgh 569-9110

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New York State Civil Liberties
.....212-344-3005

Safe Homes of Orange County
.....1-888-503-4673

State Wide Youth Advocacy
.....518-436-8525

Youth Educational School Services (YESS)
.....343-8100
Toll Free1-888-343-8181

Immigration and Migrant Services

Need help understanding your legal rights? Do you need assistance with translation of legal documents or important papers?
Do you want to learn english? Contact:

Bookkeeping Unlimited
257 Broadway, Newburgh..... 561-6500

Catholic Charities
319 Broadway, Newburgh..... 561-3452

Immigration Hot Line 1-800-232-0212

The Alamo
Goshen..... 651-4272

Latinos Unidos (Armory Unity Center)
321 S. William Street, Newburgh.... 565-4812

Literacy Council Newburgh Library
124 Grand St., Newburgh..... 561-1985 x15
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Literacy Volunteers of Western Orange County
70 Fulton St., Middletown..... 341-5460

Mid-Hudson Migrant Education
..... 257-2950

Orange County Department of Health, Seasonal Migrant Worker Health Program
..... 568-5237

Pregnancy Services For Teens

If you think you may be pregnant, there are affordable or free services that can provide assistance. All services are strictly confidential regardless of age. The first thing to do is have a pregnancy test to see if you are really pregnant.

To arrange for a pregnancy test:

Greater Hudson Valley Family Health Center of Newburgh (Pregnancy Testing)
147 Lake St., Newburgh.....563-8000
91 Blooming Grove Tpke..... 220-2074

Healthy Families
21-23 Grand St., Newburgh.....562-7244 x300
16-24 Union St., Middletown.....343-5556 x237
(for Pregnant or Parenting mothers with children under three months)

Middletown Community Health Center
Women's Health Services
10 Benton Avenue, Middletown...343-8838
140 Hammond St., Port Jervis 858-2854

Planned Parenthood Mid-Hudson Valley
136 Lake St., Newburgh.....562-7800 x127
7 Coates Drive, Goshen 294-8831
or call 1-800 230-PLAN

Orange County Department of Health
MICHC
130 Broadway, Newburgh..... 568-5284
Middletown Office 346-1130
Port Jervis Office 858-1407

Greater Hudson Valley Family Health Center of Newburgh
(Healthy Mommies, Healthy Babies)
147 Lake St., Newburgh..... 863-8000

Growing Up Healthy Hotline:
..... 1-800-522-5006

Maternal Infant Services Network
Bilingual Mother's Helpline
.....1-800-453-4666

WIC (Women, Infant & Children)
Food Supplement Program
Greater Hudson Valley Family Health Center
147 Lake St., Newburgh..... 563-5473
341 Main St., Highland Falls.....563-5473
Middletown Community Health Center
140 Hammond St., Port Jervis 856-8156
Orange County Department of Health
33 Fulton St., Middletown 346-1300
33 Rte 17M, Harriman 291-2044

Sexual / Physical Abuse

If someone you know or a stranger has been violent or forced you to have sex or you have witnessed this happening to someone else, you may feel confused or scared. Help is available:

To report a sexual assault, call:

NYS Police 343-1424
Child Abuse Hotline..... 1-800-635-1522

City of Newburgh Police 561-3131

Crime Victims Assistance Program

Goshen..... 291-4780
33 Fulton St., Middletown 346-1201
141 Broadway, Newburgh..... 568-5006

Rape Line..... 1-800-832-1200

Safe Homes of Orange County

280 Broadway, Newburgh..... 888-503-4673

Teen Dating Violence Program

..... 856-5655

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Suicide Prevention

Almost everyone thinks about suicide at some point in life. Situations and relationships often seem too much to handle, but people are waiting to help and listen to you.

Please seek help, call:

Adolescent Suicide 1-800-273-TALK

Orange County Crisis Hotline

24 Hour Hotline 1-800-832-1200
Text 4 Teens 391-1000

Mobile Mental Health Unit

..... 1-888-750-2266

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EMERGENCY

A listing of agencies providing help in locating financial assistance, housing assistance, food assistance, good quality clothing or furniture, and household items.

Runaway Shelters/ Housing Assistance

For information about emergency shelters or housing call
1-800-RUNAWAY or contact:

A Friend's House

38 Seward Ave., Middletown 343-0970

City of Middletown Police Dept.

Middletown 343-5066

City of Newburgh Police Dept. (after 5pm)

23 Grand St., Newburgh..... 561-3131

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City of Port Jervis Police Dept.

Port Jervis..... 561-3131

or Call Your Local Police Dept.

Community Maternity Services

Albany..... 518-482-8836

HONORehg..... 343-7115

Grace Episcopal Church - R.E.N.T. Program

12 Depot St., Middletown 343-7368

Housing Resource Center

280 Broadway, Newburgh..... 561-1665

LINKS 343-5713

(Living Independently through New Knowledge and Skills)

National Runaway

Hot Line 1-800-786-2929

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Newburgh Resource Center

Orange County Sheriff's Office
280 Broadway..... 291-4033

Safe Homes of Orange County

280 Broadway
Newburgh 1-888-503-4673

Project Life

172 First Street
Newburgh..... 569-9334

Rural Opportunities / Section 8 Housing

130 Dolson Ave., Middletown 343-0771

Youth Street Outreach

Middletown 343-0970

For students of the Newburgh Enlarged city School District, you can contact the homeless liaison at 568-6846.

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Financial Needs

Orange County Dept. of Social Services

141 Broadway, Newburgh..... 568-5100
Quarry Road, Goshen 291-4000
33 Fulton Street, Middletown..... 346-1246

American Red Cross..... 294-9785

Catholic Charities

319 Broadway, Newburgh 561-3452
305 North St., Middletown..... 344-4242

United Way of the
Dutchess-Orange Region 457-4774

RECAP

40 Smith St., Middletown..... 342-3978

Salvation Army

80 W. Main St., Middletown..... 343-0821
(rent assistance for evictions, O&R, utility bills & Christmas toys)

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Clothing Needs

- American Red Cross**..... 294-9785
- Baptist Temple**
7-11 William St., Newburgh 561-7555
- Beacon of Light**
New Windsor..... 561-3057
- Care Net Pregnancy Center of Orange**
244 Greenwich Ave., Goshen 294-1812
- Catholic Charities**
319 Broadway, Newburgh..... 561-3452
305 North St., Middletown..... 344-4242
- First Baptist Church**
481 South St., Newburgh..... 562-4108
- Salvation Army**
80 W. Main St., Middletown..... 343-0821

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- RECAP**
40 Smith St., Middletown..... 342-3978
- Tri-State Pregnancy Center**
..... 570-491-5151

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- Grace United Methodist Church**
468 Broadway, Newburgh 561-0176
- Newburgh Ministry**
9 Johnston St., Newburgh 561-0070
- Newburgh Community Action
Committee (NCAC)**
123 Grand Street 562-0100
- North Congregational Church Thrift Shop**
157 Linden Ave., Middletown..... 343-6688
- People For People**..... 343-1663
- Salvation Army**
Newburgh 562-0413
Middletown 343-0821
Port Jervis..... 856-4089
- St. Paul's United Methodist Church**
58 W. Main St., Middletown..... 343-4425
- Tiny Hands in Need of Kindness, Inc.**
..... 427-2073
- Tri-State Pregnancy Center**
..... 570-491-5151

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Food Assistance

- Catholic Charities**
319 Broadway, Newburgh..... 561-3452
66 Bennett St., Middletown..... 344-4242
- Center for Independent Living**
6 Washington Terr., Newburgh 565-1162
- Cornell Cooperative Extension**
Enhanced Food and Nutrition Program
..... 344-1234
- Greater Hudson Valley Family
Health Center of Newburgh**
WIC (Women, Infant & Children)
147 Lake Street, Newburgh..... 563-5473
341 Main Street, Highland Falls..... 563-5473
- Orange County Dept. of Social Services**
Food Stamps
141 Broadway, Newburgh..... 568-5100
Quarry Rd., Goshen..... 291-4000
33 Fulton St., Middletown 346-1246

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Diapers and Formula

A listing of agencies who may be able to help you with needed items for your baby including diapers and formula.

- Beacon of Light**
New Windsor..... 561-3057
- Care Net Pregnancy Center of Orange**
244 Greenwich Ave., Goshen 294-1812
- Catholic Charities**
319 Broadway, Newburgh..... 561-3452
- Drew Methodist Church**
49-51 Sussex, Port Jervis..... 856-3423
- Grace United Methodist Church**
468 Broadway, Newburgh 561-0176

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- Orange County Dept. of Health**
WIC (Women, Infant & Children)
Food Supplement Program
33 Fulton St., Middletown 346-1300
33 Route 17M, Harriman 291-2044
- RECAP - Nutrition Program**
40 Smith St., Middletown..... 342-3978
- Salvation Army**
Newburgh 562-0413
Middletown 343-0821
Port Jervis..... 856-4089
- Middletown Community Health Center**
WIC
140 Hammond St., Port Jervis 856-8156

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Free Meals Soup Kitchens Pantries

PLEASE NOTE:

Days and hours subject to change.
Whenever possible, call ahead.

Newburgh:

- Baptist Temple**
7-11 Williams Street.....562-6233
- Best Temple**
111 South Street
- Catholic Charities**
185 Liberty Street.....561-3452
- Church of the Good Shepherd**
Broadway & Mill Sts.....562-8545
- Ebenezer Baptist Church**
76 First Street562-1168

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- Grace United Methodist Church**
468 Broadway (*enter on Van Ness*) 561-0176
- Holy Deliverance**
Chamber Street.....561-2503
- Hudson Valley Christian Church**
100 Grand Street..... 562-8526
- Salvation Army**
234 Van Ness Street.....562-0413
- St. Francis Church**
145 Benkard Avenue561-1317
- St. George Episcopal Church**
105 Grand Street..... 561-5355
- St. Mary Church**
180 South Street..... 562-0862
- St. Patrick's Church**
55 Grand Street..... 561-0885

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Middletown:

- HONORehg/LINKS** 342-5713
- Family Empowerment Council**..... 343-8100
- RECAP**
40 Smith St..... 342-3978
- Pathstone**343-0771
- Salvation Army**343-0821
- St. James Church of God**..... 343-7956
- St. Margaret's Soup Kitchen**
12 Depot St. 344-0569
- Saint Paul's United Methodist Church**...343-4425

Port Jervis:

- Hope Center**..... 856-3423
- Salvation Army** 856-4089

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Other:

- Good Samaritan Pantry** 778-2008
- St Andrew's Church** 778-5310
- Community Emergency Food Pantry**
..... 783-6371
- First Presbyterian Church**..... 294-7991
- First Presbyterian Food Pantry** 783-1632
- Farm Centers CC Food Pantry**
..... 651-4272
- Highland Mills UM Church**..... 928-6177
- Montgomery Food Pantry** 457-9673
- Warwick Ecumenical Council**986-1030

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Furnishings

- American Red Cross** 294-9785
- Hudson House**
245 Broadway, Newburgh.....565-8575
- Newburgh Ministry**
9 Johnston St., Newburgh 561-0070

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Education & Employment

If you have not finished your education and want to return to school or get your GED, start College or learn better job skills, contact the agencies below for further information. Some job training centers provide job counseling and placement, inquire if these services are available.

- Action Towards Independence**
130 Dolson Ave., Middletown 343-4284
- Best Resource Center, Inc.**
49 Grand St., Newburgh.....562-2378
- Family Empowerment Council**..... 343-8100
- Footings, Inc**..... 783-7505
- Guide Post Rehab**
136 Lake Street, Newburgh.....565-4595

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Independent Living, Inc.

5 Washington Terr., Newburgh 565-1162

Job Corps

Residential GED/Career Training

Single or with child..... 1-800-733-JOBS

Mount St. Mary College

330 Powell Avenue, Newburgh561-0800

Newburgh Board of Education

(working papers)

124 Grand Street, Newburgh 563-3400

Newburgh Community Action Committee

123 Grand Street, 3rd Floor

Newburgh 562-0100

Newburgh Preparatory Charter School

471 Broadway, Newburgh 541-3432

New York State Dept. of Labor

3 Washington Ctr, Newburgh 568-5373

33 Fulton St., Middletown 346-1100

Occupations, Inc.

For individuals with disabilities

67 Windsor Highway

New Windsor 562-6850

or call 1-888-750-2266

Orange County Community College

1 Washington Ctr, Newburgh 562-2454

115 South St., Middletown 344-6222

Orange County Employment & Training

Administration

18 Seward Ave., Middletown..... 615-3630

Orange-Ulster BOCES

GED/ESL Classes **781-4715** ext. 1

Second Chances Youth Program

39 West Street, Newburgh

90 North Street, Middletown

Orange Works

(Career Centers of Orange County)

3 Washington Ctr., Newburgh 568-5090

33 Fulton St., Middletown 346-1100

123 Pike St., Port Jervis 856-2544

Summer Youth Employment Program

.....615-3630

Youth Empowerment Program

SUNY Orange

Middletown/Newburgh Campus

.....341-4394 or 341-4874

Salvation Army GED/ESL Classes

234 Van Ness St., Newburgh562-0413

VESID

For individuals with disabilities346-4260

or 1-800-733-5627

Education Assistance

City of Newburgh Youth Bureau

104 Lander St., Newburgh565-1213

English as a Second Language.....563-5400

Family Empowerment Council.....343-8100

Literacy Council Newburgh Library

Orange County Community College

124 Grand St., Newburgh 561-1985 x15

Literacy Volunteers

of Western Orange County

70 Fulton St., Middletown 341-5460

Mid Hudson Migrant Education

..... 257-2950

Special Education Info. Line..... 563-8520

Registration/ Military Recruiting Offices

If you are a High School Graduate, have obtained your GED or successfully completed two years of college, you may qualify for Military Service, contact:

Air Force 561-5060

Army 561-2563

Marines 343-4912

Navy 561-0845

Youth Development Programs

Whatever your age, there are daily after-school programs to join from sports activities, youth support groups, home work assistance to youth mentoring programs to join. Contact these agencies for program specifics:

Best Resource Center, Inc.

49 Grand St., Newburgh 562-2378

Big Brothers Big Sisters of Orange

County, Inc. (www.mentorachild.org)

148 Temple Hill Road, Vails Gate ... 562-5900

Boy Scouts of America 497-7337

Boys & Girls Club of Newburgh

285 Liberty Street, Newburgh 561-4936

City of Newburgh Recreation Department
401 Washington St..... 565-3230
104 South Lander St 565-1213

Cornell Cooperative Extension
4-H Youth Development 344-1234

Gay, Lesbian & Transgender 562-3098

Girl Scouts Heart of the Hudson, Inc.
3 Neptune Rd., Poughkeepsie..... 452-1810
or 236-6002

Hoops Express
395 Ann Street, Newburgh..... 562-7248

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MISN
10 Little Britain Rd., Newburgh..... 561-3575
*Programs for Middle & High School age youth,
Pregnant & Parenting Teens and Parenting
Education Workshops*

Middletown Recreation Center
47 Academy Ave., Middletown..... 346-4180

Middletown YMCA
81 Highland Ave., Middletown 343-1158

Newburgh Enlarged City School District
after school programs 563-3400

Newburgh Jewish Community Center
68 Stewart Avenue.....561-6602

Newburgh Performing Arts Academy
62 Grand Street, Newburgh 562-5650

Newburgh Zion Lions..... 527-0354
or 565-6151

Orange County Youth Bureau 615-3620

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Planned Parenthood Mid-Hudson Valley
136 Lake St., Newburgh..... 838-1200 x103

Education Department
Parent/Child Workshop • Safe or Sorry
Teen Peer Education Program • Lesbian/
Gay/Bi-sexual/Trans-gender and Friends
Support Group

Port Jervis Youth Center
134 Pike St..... 858-4045

Saint Patrick's Youth Ministry
Free Teens USA • Rainbows.....562-6808

Town of Newburgh Recreation Dept.
105 Plattekill Turnpike..... 564-7815

Town of New Windsor Recreation
244 Union Avenue 565-7758

Town of Wallkill Boys & Girls Club
P O Box 14 Circleville 342-8833

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YWCA of Orange County
21 West Street
Newburgh 561-8050

Empowering Port Jervis
11 Fowler Street..... 856-3991

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Volunteer Services

Would you enjoy giving back to your community or like to explore some career options? Here is a list of agencies who would welcome your volunteering services!

Big Brothers Big Sisters, Inc. 562-5900
www.mentorachild.org

City of Newburgh
Recreation Department..... 565-3230

Habitat for Humanity of Greater Newburgh, Inc.
P.O. Box 1694, Newburgh 568-6035

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Hands on the Hudson Valley 452-5600

Maternal-Infant Services Network
Toll Free 1-800-453-4666

Town of Newburgh
Recreation Dept..... 564-7815

Planned Parenthood Mid-Hudson Valley
..... 838-1200 x103

St. Luke's Hospital
Volunteer Services 568-2391

Safe Homes of Orange County 888-503-4673

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Websites

Resources for Teens

ACT FOR YOUTH
www.actforyouth.net

ADAC
www.adacinfo.com

ADVOCATES FOR YOUTH
www.advocatesforyouth.org

COALITION FOR POSITIVE SEXUALITY
www.positive.org

DO SOMETHING
www.dosomething.org

GIRLS INCORPORATED
www.girlsinc.org

GO ASK ALICE
www.goaskalice.columbia.edu

gURL
www.gurl.com

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HEALTHY ORANGE
www.healthyorange.com

IWANNAKNOW
www.iwannaknow.org

IT'S YOUR (SEX) LIFE
www.itsyoursexlife.com

MATERNAL- INFANT SERVICES
NETWORK
www.misn-ny.org www.facebook.com/goingalltheway

MIDDLETOWN CARES COALITION
www.middletowncarescoalition.org

NATIONAL CAMPAIGN TO PREVENT
TEEN PREGNANCY
www.thenationalcampaign.org

NOT ME, NOT NOW
www.notmenotnow.org

ORANGE COUNTY DEPARTMENT
OF HEALTH
www.orangecountygov.com

ORANGE COUNTY YOUTH BUREAU
www.orangecountygov.com/youthbureau
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PLANNED PARENTHOOD
FEDERATION OF AMERICA, INC.
www.plannedparenthood.org

PLANNED PARENTHOOD OF THE
MID-HUDSON VALLEY, INC.
www.ppmhv.org

SCARLETEEN
www.scarleteen.com

SEICUS
www.siecus.org

SEX, ETC.
www.sextc.org

TEAM NEWBURGH
www.facebook.com/team-newburgh-take-back-the-city

THE INSTITUTE FOR YOUTH
DEVELOPMENT
www.youthdevelopment.org

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Resources for Lesbian/ Gay Bi-Sexual and Transgender Youth

OUTPROUD
www.outproud.org

PFLAG
www.pflag.org

PLANNED PARENTHOOD
FEDERATION OF AMERICA
www.plannedparenthood.org

Resources for Parents

(also see websites above for more information)

ACT FOR YOUTH
www.actforyouth.net

ALAN GUTTMACHER INSTITUTE
www.agi-usa.org

CAMPAIGN FOR OUR CHILDREN
www.cfoc.org

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KAISER FAMILY FOUNDATION
www.kff.org

TALKING WITH KIDS ABOUT TOUGH
ISSUES
www.talkingwithkids.org

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