

free

Childbirth Preparation Classes

Learn about healthy pregnancy,
safe and comfortable labor,
and how to take care of your newborn!

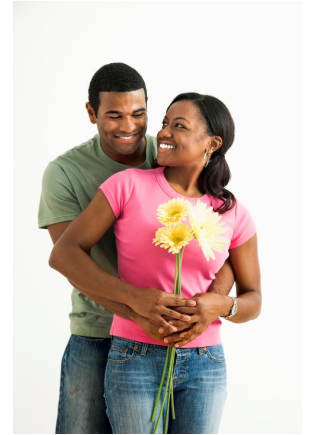


**FREE AND OPEN TO
THE PUBLIC!**

Dates:

April 8, 15, 22, 29

11:00 am—1:00 pm



**First Way Life Center
481 Broadway, Suite #3
Monticello**

Call 845-845-417-6165

Or 845-985-7691 to register



**FREE AND OPEN TO
THE PUBLIC!**



Sponsored by

**Maternal-Infant Services Network of
Orange, Sullivan, and Ulster Counties, Inc.**

www.misn-ny.org

845-928-7448