

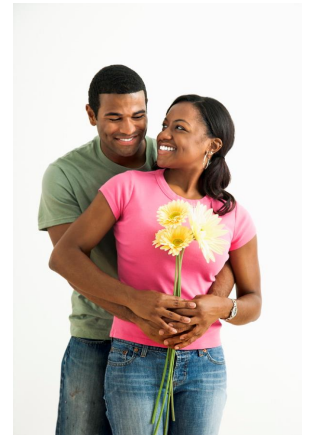
Childbirth Preparation Classes

Learn about healthy pregnancy,
safe and comfortable labor,
and how to take care of your newborn!



Dates:
July 19, 26 & August 2, 9
6—8 pm

\$25 per couple



**Catskill Regional
Medical Center
Harris Rd, Harris, NY**

*Call 845-417-6165 or
845-985-7691 to register
Or register on-line at
www.misn-ny.org*



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