



**Maternal–Infant Services Network
Community Health Advocacy (CHA)
(845) 928-7448**

“Helping People Get, Keep and Use Health Coverage”

- CHA services are FREE of CHARGE to people with or without insurance
- CHA helps people who are underinsured, have Medicaid, Commercial Insurance, Employer Provided Insurance, Self-Employed, Medicare
- CHA staff meet with individuals in public locations such as a library or an agency where an individual receives services

FOR PEOPLE WHO HAVE HEALTH INSURANCE, CHA HELPS:

- Navigate the Health Insurance and Health Services system.
- File a grievance, or formal complaint
- Appeal a denial
- Request a fair hearing
- Resolve dealing with a bill you are not supposed to pay
- Direct your concerns if you are unhappy with the care you received
- Get help when you call the health plan’s 800 number
- Get help getting an appointment
- See a specialist

FOR PEOPLE WITHOUT HEALTH INSURANCE, CHA HELPS:

- Access affordable health care via NY Bridge Plan, Healthy NY, community health centers that offer a sliding scale fee,
- Get low cost Prescriptions from Wal-Mart or Target,
- Access Dental and Vision Discount Cards

FOR HUMAN SERVICES PROVIDERS WHOSE CLIENTS NEED HELP:

- CHA STAFF offer Information Sessions at your agency on topics such as:
- Consumer Rights and Responsibilities
- HIV+ Options
- Options for the Uninsured.
- Medicare Basics
- Veteran’s Benefits