

Family Services Presents

The Nurturing Program™

The Nurturing Program is based on four core values:

- Love of Life
- Respect for All Living Things
- Structure and Discipline
- Laughter, Humor and Play

**A 12-week group for Parents & Teenagers
which:**

- Teaches families to build healthy communication skills
- Offers an opportunity for parents & adolescents to be nurtured and have fun together and separately
- Teaches how to gain a sense of personal power and positive self-esteem

**Groups will be held in Kingston at 85 Grand St.
Starting: March 18, 2009
Wednesdays 4:30pm -6:30pm**

A nurturing meal and transportation will be provided (Kingston area only)

Please call 331-5641 for further information, and to schedule an intake appointment.

Supported by the Office of Children and Family Services