

free

Childbirth Preparation Classes

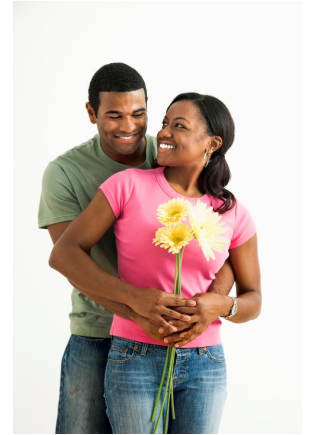
Learn about healthy pregnancy,
safe and comfortable labor,
and how to take care of your newborn!

**FREE AND OPEN TO
THE PUBLIC!**

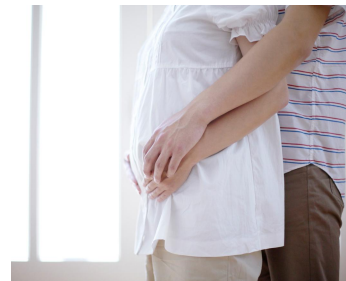
Dates:

March 1, 8, 15, 22

4 – 6 pm



**St. Peter's Lutheran Church
(Recap Head Start)
31 West Main St.
Port Jervis, NY**



*Call 845-928-7448 ext. 20
Or text: 845-492-9027 to register*



Sponsored by
**Maternal-Infant Services Network of
Orange, Sullivan, and Ulster Counties, Inc.**

www.misn-ny.org

845-928-7448